

Tips for Parents

- Keep an open dialogue with your child.
- Encourage technology breaks or “tech detoxes”
- Have your child keep their phone in your room to charge at night so they aren’t tempted to stay on it late at night.
- Don’t feel like monitoring and checking their phones is invading their privacy – they are a child and you are the adult.
- Download the same apps that they use so that you can see what they have access to.
- Make sure they don’t share their passwords with their friends.
- Encourage your child to not bring their phone to the dinner table.
- Talk to them about communicating with strangers – not everyone is who they say they are.
- Set time limits for screen time.
- Help your child by giving them a time after which they are not allowed to use their phone – they want boundaries even if they don’t say it.
- Set an age limit for social media use (most apps are 13+)

Security Tips

Turn Off Geotagging:

- iPhone = Settings > Privacy > Location Services > Camera > Never
- Android = In the camera app > Settings > GPS Tagging

Turn Off Location Tracking:

- iPhone = Settings > Privacy > Location Services > System Services > Significant Locations

Help Find Lost Phone:

- iPhone = Settings > Contacts > My Info > Click on Child’s name in list
- Now you can ask Siri “What is my name?” and it should say their name

Set Up Medical ID:

- iPhone = Health App > Click on circle in top right corner > Medical ID > Add name and emergency contacts (and other info if you’d like)
- This helps if we find a lost phone

Cyber Safety & Social Media 101



with
Ms. Tedder



Agenda

- Discuss cyberbullying
- Pros & cons of social media
- What apps is my child using?
What do they have access to?
- Evaluating apps
- Sexting
- Vault and hidden apps
- Geotagging
- Tips for parents

What Apps/Sites Are They Using?

Instagram	Snapchat
TikTok	YouTube
Houseparty	Facebook
VSCO	Pinterest
YOLO	Omegle
Twitter	Discord
Minecraft	Fortnite
Roblox	

Know the "Hide" Apps

Hide it Pro (HIP)
Calculator +

Be Aware

Even if your child does not have a phone, they can create accounts on social media apps and log in on a friend's phone.

Helpful Website

www.common sense media.org

